



## INTERNATIONAL YOGA DAY CELEBRATION

ACAD 25-26/CIR- 5 / 17<sup>TH</sup> JUNE, 2025

Dear JPS Families and Citizens of Thirumudivakkam,

### “Yoga for One Earth, One health”

We are delighted to invite you to celebrate International Yoga Day with us on:

- Date: Saturday, 21st June 2025
- Time: 8:00 a.m.
- Venue: JPS Auditorium & JPS Sports Village

Join us in embracing the ancient practice of yoga that nurtures both body and mind. Let's come together as a community to promote health, harmony, and holistic well-being.

All parents, residents, and well-wishers are welcome to participate. Kindly wear comfortable attire and bring a yoga mat.

Let's stretch, breathe, and celebrate wellness—together!

**Warm Regards**

**Tr. Saravanan Thiyagarajan**

**Principal**